



*Instructions for collection of HYGENE SWABS.*

1. For most locations, a drop-off time must be arranged with the collection centre, in order to coordinate optimal time of delivery to the laboratory, to ensure the swabs are tested within 24 hours.
2. Use a sterile Amies Swab following the instructions on the swab packet.
3. After aseptically removing the swab, moisten it in the sterile Amies transport gel in the tube, and swab the defined area, rotating the swab to absorb as much surface matter as possible.

*Note that if the area to be swab is already visually moist, the swab can be applied directly to the area without pre-moistening with Amies transport gel.*

4. The defined area is usually 5 x 5 cm or 10 x 10 cm.
5. Insert the swab into its tube of sterile Amies transport gel.
6. Ensure the tube is labelled with details or code of the site from which it was taken.
7. Place it in an esky with a frozen cold brick, along with a request form or letter outlining your company's details, the tests required, the date and time of sampling, the area swabbed, and any other information regarding the samples that you would like on the report.
8. Take the esky of swabs to the collection room at the arranged time.

Label the top of the esky with:

**To: *Sonic Food & Water Testing Laboratory***

***31 Lawson St, Penrith***

***Urgent Hygiene Swabs  
Refrigerate on arrival***

***Do not open in transit***

To obtain swabs, eskies and cold bricks please phone the testing lab on (02) 4724 1133.